**When the Mirror Lies: Anorexia, Bulimia, and Other Eating Disorders**
by Tamra Orr
Explores the possible causes and potential cures for eating disorders through real-life stories from young people struggling to recover, and includes information on symptoms of and current treatment options.

**Sex: A Book for Teens: An Uncensored Guide to Your Body, Sex, and Safety**
by Nikol Hasler
Discusses all aspects of sexuality and sexual behavior, including sexual orientation, masturbation, birth control, and sexually transmitted diseases, and answers teenagers' questions on sex in a straightforward and in-depth manner.

**I'm Suicidal. Now What?**
by Judy Monroe Peterson
Examines suicidal behavior in teenagers; describes suicide risk factors and warning signs, mental health issues, and presents information on intervention, treatment, prevention, and support for survivors.

**Queer: The Ultimate LGBT Guide for Teens**
by Kathy Belge
A humorous and honest guide for LGBT teens includes personal stories from the authors and sidebars on queer history as well as advice on coming out to friends and family, navigating the LGBT social life, and rising up against bigotry and homophobia.

**So You've Been Publicly Shamed**
by Jon Ronson
Examines the world of modern-day public shaming as a form of social control, describing cases of those whose careers and lives have been ruined by one mistake.
When something feels wrong: a survival guide about abuse for young people by Deanna S. Pledge
Provides checklists, journaling ideas, and other positive ways of dealing with being physically, sexually, and/or emotionally abused, emphasizing the importance of talking about what has happened and getting help.

Dating violence by Laura La Bella
Describes various types of dating violence, discussing common characteristics of abusers, ways to cope with the effects of dating violence, and where to find help.

Additional Titles
Sexual assault and abuse by Ann Byers
Out of order: Young adult manual of mental illness and recovery: Mental illnesses, personality disorders, learning problems, intellectual disabilities & treatment and recovery by Dale Carlson
Cutting and self-injury by Rachel Eagen
The teen survival guide to dating & relating: Real-world advice on guys, girls, growing up, and getting along by Annie Fox
Sex: An uncensored introduction by Nikol Hasler
I Have Been Raped. Now What by Susan Henneberg
Monochrome days: A firsthand account of one teenager's experience with depression by Cait Irwin
Suicide information for teens: Health tips about suicide causes and prevention including facts about depression, risk factors, getting help, survivor support, and more by Keith Jones
Conquering negative body image by Viola Jones
The V-word: True stories about first-time sex by Amber Keyser
Living in a Violent Household by Laura La Bella
Eight stories up: An adolescent chooses hope over suicide by DeQuincy A. Lezine
Defeating depression by Yoming S. Lin
Dealing with your parents’ divorce by Jerry McLaughlin
Girls & Sex: Navigating the complicated new landscape by Peggy Orenstein
Teens: Cutting and self-injury by Peggy J. Parks
Facing teenage pregnancy: A handbook for the pregnant teen by Patricia Roles
Hooked: When addiction hits home by Chloe Shantz-Hilkes
The anxiety survival guide for teens: CBT skills to overcome fear, worry & panic by Jennifer Shannon
The gender quest workbook: A guide for teens and young adults exploring gender identity by Rylan Jay Testa