

RESOURCES

Report

- Health Management Associates. Community Conversations to Inform Youth Suicide Prevention: A study of youth suicide in four Colorado counties. 2018. <https://coag.gov/app/uploads/2019/05/community-conversations-to-inform-youth-suicide-prevention.pdf>

Colorado Media Projects

- Denver Post's Crisis Point, including a teen essay contest on youth suicide: <https://youthsuicide.denverpost.com/>
- Colorado Public Radio's Teens Under Stress: <http://widgets.cpr.org/teens/index.html>

Books

YA Nonfiction:

- Mersky Leder, Jane. *Dead serious: breaking the cycle of teen suicide: a book for teens, adults & educators*, Evanston, Illinois: Jane Mersky Leder, 2018.
- Cartlidge, Cherese. *Teens and suicide*, San Diego, CA: ReferencePoint Press, 2017.
- Goldsmith, Connie. *Understanding suicide: a national epidemic*. Minneapolis: Twenty-First Century Books, 2017.
- Jensen, Kelly (ed). *(Don't) Call Me Crazy: 33 Voices Start the Conversation about Mental Health*. Algonquin Young Readers, 2018.
- Earl, Ray. *Your Brain Needs a Hug: Life, Love, Mental Health, and Sandwiches*. Imprint, 2019.
- Toner, Jacqueline B., and Freeland, Claire A. B. *Depression: A Teen's Guide to Survive and Thrive*. Magination Press, 2016.

YA Fiction:

- Asher, Jay. *13 Reasons Why*. New York: Razorbill, 2007.
- Quick, Matthew. *Forgive me, Leonard Peacock: a novel*. New York: Little, Brown and Company, 2013.

- Emmich, Val, Benj Pasek, Justin Paul, and Steven Levenson. *Dear Evan Hansen: the novel*. New York: Poppy, an imprint of Little, Brown and Company, 2018.
- Niven, Jennifer. *All the Bright Places*. New York: Alfred A. Knopf, 2015.
- Stork. Francisco X. *The memory of light*. New York: Arthur A. Levine Books, an imprint of Scholastic Inc., 2016.
- Belanger, Michael. *The history of Jane Doe*. New York: Dial Books, 2018.
- List of recommended titles about teen mental health from Pasadena Public Library: <http://cityofpasadena.libguides.com/teenbooks/mentalhealth>

Documentaries

- Monetta, Jacqueline, Kiki Goshay, Ljubomir Ristic. *Not Alone*. Goshay Productions, 2016.
- Kids in Crisis: You're not alone. Milwaukee PBS and USA TODAY NETWORK-Wisconsin, 2019. <https://www.pbs.org/video/kids-in-crisis-youre-not-alone-p1nafx/>
 - Accompanying toolkit: <https://www.jsonline.com/in-depth/news/2019/05/17/youre-not-alone-documentary-suicide-prevention-toolkit/3590785002/>
- Youth Documentary Academy: Speaking our minds. <https://www.youthdocumentary.org/speaking-our-minds/> (Colorado youth)

Prevention Resources

- Youth and Young Adult Suicide Prevention Resources from the Colorado Department of Public Health and Environment: <https://www.colorado.gov/pacific/cdphe/youth-suicide-prevention>
- Below the Surface, an awareness campaign supported by the Colorado Department of Human Services, Office of Behavioral Health that aims to help teens connect to and get support from the Colorado Crisis Services text line: <https://belowthesurfaceco.com/> (additional resources available at Need2Text, <https://need2text.com/>)
- Sources of Strength, a campaign to prevent suicide by increasing help seeking behaviors and promoting connections between peers and caring adults: <https://sourcesofstrength.org/>

"Kids are tired of grieving, they've been so impacted. If someone says something, the kids are not ignoring it."