RESOURCES

Report

Colorado Media Projects
- Denver Post’s Crisis Point, including a teen essay contest on youth suicide: https://youthsuicide.denverpost.com/

Books
YA Nonfiction:

YA Fiction:


• List of recommended titles about teen mental health from Pasadena Public Library: [http://cityofpasadena.libguides.com/teenbooks/mentalhealth](http://cityofpasadena.libguides.com/teenbooks/mentalhealth)

**Documentaries**


• Youth Documentary Academy: Speaking our minds. [https://www.youthdocumentary.org/speaking-our-minds/](https://www.youthdocumentary.org/speaking-our-minds/) (Colorado youth)

**Prevention Resources**

• Youth and Young Adult Suicide Prevention Resources from the Colorado Department of Public Health and Environment: [https://www.colorado.gov/pacific/cdphe/youth-suicide-prevention](https://www.colorado.gov/pacific/cdphe/youth-suicide-prevention)

• Below the Surface, an awareness campaign supported by the Colorado Department of Human Services, Office of Behavioral Health that aims to help teens connect to and get support from the Colorado Crisis Services text line: [https://belowthesurfaceco.com/](https://belowthesurfaceco.com/) (additional resources available at Need2Text, [https://need2text.com/](https://need2text.com/))

• Sources of Strength, a campaign to prevent suicide by increasing help seeking behaviors and promoting connections between peers and caring adults: [https://sourcesofstrength.org/](https://sourcesofstrength.org/)

“*Kids are tired of grieving, they’ve been so impacted. If someone says something, the kids are not ignoring it.*”