

TOUGH TOPICS FOR TEENS

Research.ppld.org/toughtopics for more Resources

- Abuse/Incest 362.76
- Abusive Relationships 362.8
- Acne/Skin Care 616.53, 646.726
- Alcohol 362.292, 613.81
- Anorexia 616.8526
- Birth Control 613.94
- Body Changes/Puberty 612.661
- Body Image 616.852
- Bulimia 616.85263
- Cutting/Self Harm 616.8582
- Date/Acquaintance Rape 364.1532
- Depression 616.8527, 616.85844
- Divorce 306.89
- Drugs 362.29,616.86
- Health/Hygiene 613.04243, 613.7043
- LGBT 306.766
- Pregnancy 306.8743,618.86
- Relationships/
Dating 305.235,306.73,646.77
- Self-Esteem 305.235
- Sex 613.951
- STDs 616.951
- Suicide 362.28,616.8527

Every Question Deserves a Search! ppld.org/contact

Remember librarians are non-judging people who want to help you find the info you need, but we understand if there are some thing you want to keep private. Don't forget there is self-checkout for your convenience.

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SAFE TEEN PHONE NUMBERS

AA-teen and AA719-632-0063
 Aspenpointe Non-Crisis Line....719-572-6100
 Child Abuse.....719-444-5700
 Colorado Crisis Services.....844-493-TALK
 Colorado Helpline.....8.00-273-TALK
 Depression/Bi-Polar Disorder...719-477-1515
 Domestic Violence/Assault.....719-633-3819
 Eating Disorders888-994-4036
 El Paso Country Dept of Health.....578-3199
 Emergency.....911
 Health Resources.....211
 Inside Out Youth Services.....719-328-1056
 Mental Health Crisis Hotline.....719-635-7000
 National Runaway Switchboard.....
773-880-9860
 Poison and Drug Control Crisis Line.....
800-222-1222
 RUNAWAY.....719-630-3223
 SAFE2TELL.....877-542-SAFE
 Self Injury.....800-DONT-CUT
 Suicide Prevention Hotline.....719-596-LIFE
 Suicide Prevention Partnership.....
719-573-7447
 Trevor Helpline Suicide Prevention (GBLT
 community).....866-488-7386
 Urban Peak.....719-630-3223

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